



Resources for Substance Abuse

SAMHSA's National Helpline, [1-800-662-HELP \(4357\)](tel:1-800-662-HELP), (also known as the Treatment Referral Routing Service), via text message: [435748 \(HELP4U\)](sms:435748), or TTY:

[1-800-487-4889](tel:1-800-487-4889) is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Read more about the [HELP4U text messaging service](#).

Also, visit the [online treatment locator](#).

- [Alcohol, Tobacco, and Other Drugs](#)
- [Opioid Overdose](#)
- [Harm Reduction](#)
- [Behavioral Health Treatment and Services](#)
- [Behavioral Health Treatment Services Locator](#)
- [Disaster Distress Helpline](#)
- [Implementing Behavioral Health Crisis Care](#)
- [Mental Health and Substance Use Disorders](#)
- [SAMHSA's National Helpline](#)
- [Línea Nacional de Ayuda de SAMHSA](#)
- [Suicide Prevention](#)
- [Early Serious Mental Illness Treatment Locator](#)
- [Recovery and Recovery Support](#)
- [Buprenorphine Practitioner & Treatment Program Locator](#)
- [Opioid Treatment Program Directory](#)
- [Substance Abuse and Mental Health Prevention](#)
- [Veterans Crisis Line](#)
- [Drug Free Workplace Helpline](#)

Buprenorphine Practitioner Locator

Medication-Assisted Treatment

- [MAT Medications, Counseling, and Related Conditions](#)
- [Find Medication-Assisted Treatment](#)
- [OTP Resources and Information](#)
- [State Opioid Treatment Authority \(SOTA\)](#)
- [Statutes, Regulations, and Guidelines](#)
- [About SAMHSA's Division of Pharmacologic Therapies \(DPT\)](#)

Opioid Treatment Program Directory

Narcotics Anonymous

Gamblers Anonymous

Alcoholics Anonymous

CDC National HIV and AIDS Hotline

(800) 232-4636

Substance Abuse and Mental Health Services Administration National Helpline

(800) 662-4357

[Check Your Insurance Coverage Here](#): Struggling with drug addiction? Let's verify your coverage for treatment at an American Addiction Centers location. Your information is always confidential.